CHILDREN'S CLINICS ARE BEING HELD IN WATAUGA COUNTY 4/16/31

Doctors Hagaman and Perry Meet With Parish Nurse Each Month for Examination of Children. Dr. Warfield Conducts Similar Clinic at Bailey Camp. Public Invited to Take Advantage of Free Work.

More than forty-five million children live in the United States. Every one of these children deserves protection—that protection which will insure the child health in mind and body. The future of America and of the world depends upon the children today. As a nation we are coming to realize this fact and are giving more attention to the problems of child welfare. On November 19 there gathered in Washington about five thousand people to attend the White House conference on Child Health and Protection. President Hoover made this statement, "If we could have but one generation of properly born, trained, educated and healthy children, a thousand other problems of government would vanish. We could assure ourselves of healthier minds in more vigorous bodies, to direct the energies of our nation to yet greater heights of achievement."

The White House Conference agreed upon twenty fundamental principles of child health and protection. The following are only five of the twenty: 1. Every child should have periodical health examinations before and during the school period, including adolescence, by the family physician, or the school or

other public physician, and such hospital care as its special needs may require.

2. Every child should have regular dental examination and care.

3. Every child should be protected from communicable diseases to which he might be exposed at home, in school or at play, and be protected from impure milk and food.

4. Have proper sleeping rooms, diet, hours of sleep and pray, and parents should receive expert information as to the needs of children of various ages as to these questions.

5. The rural child should have as satisfactory schooling, health protection and welfare facilities as the city child.

Expert information does not come from your neighbor but from the trained physician. He is qualified to guide you in preserving the health of your child. You have always heard that an ounce of prevention is worth a pound of cure. Prevention may save your child's life; it certainly will protect his future health and happiness.

On Thursday after the second Sunday in each month Dr. Hagaman and Dr. Perry hold a child welfare clinic in the Daniel Boone Cabin Colony at the home of Miss Fisher, Watauga parrish nurse. Bring your child every month for a free health examination. Sick children treated at office price. Don't wait until the child is sick—keep him well.